

# What It Takes to Train in Paediatric Surgery in Malaysia

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# RM350,000

What you owe if you fail/quit/get kicked out

# 20%

Did not complete the programme

# 30%

Did not complete on time

# Gender divide

- ▷ Female trainees
  - ▷ More likely to remained unmarried (Malaysia  $p=0.017$ )
  - ▷ If they have children, more likely than male trainees to take parental leave
  - ▷ More likely to have pregnancy complications, fertility issues, have children later (North America)

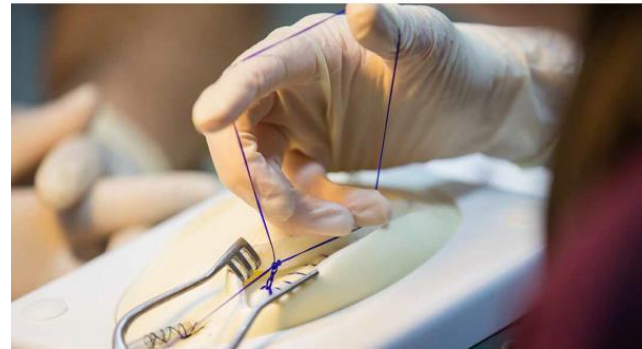


**What traits do you think a paediatric surgeon should have?**

KNOWLEDGE

SKILLS

ATTITUDE

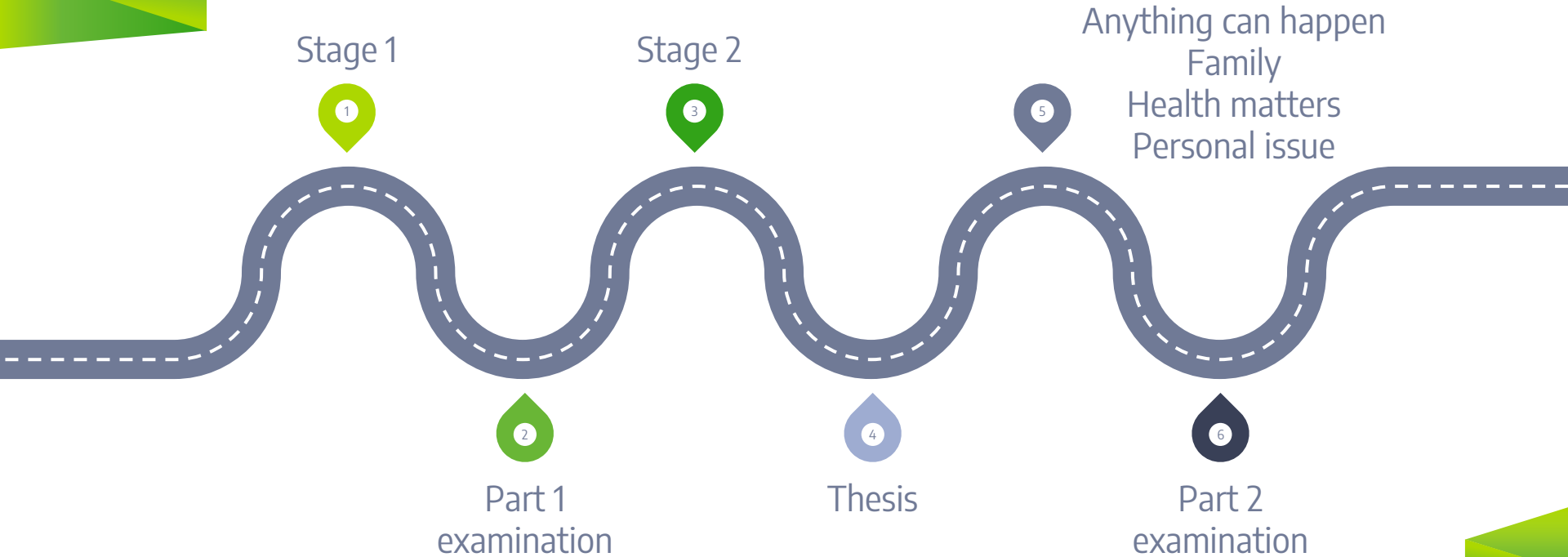


“

- ▶ What do you need to be in 4/6/8/10 years?
- ▶ Know where you are now and what it will take to get you to your target.



# Roadmap: Start with the end in mind



## **Formative assessments**

Workplace-based  
assessments

Case based discussions

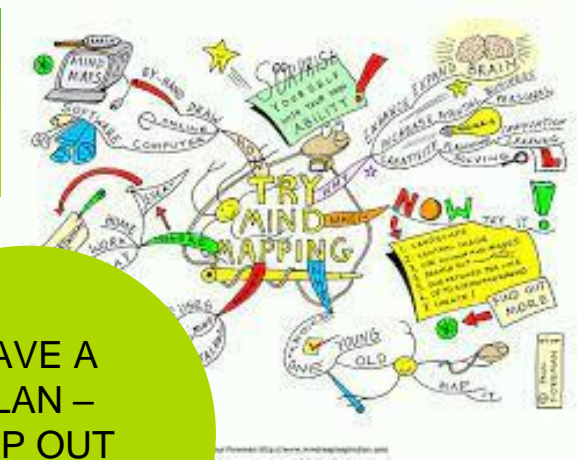
Direct observation of  
procedural skills

Mini clinical evaluations

## **National Joint Trainee Evaluation**

You and the rest of the  
supervisors in the country

# Knowledge



HAVE A  
PLAN –  
MAP OUT  
CORE  
TOPICS

BE  
INTENTIONAL  
IN ALL STUDY  
ACTIVITIES

STUDY AND  
PRACTICE  
TOGETHER



# Clues that you have a clue

- ▷ Undergraduate university
- ▷ Medex
  - ▷ tests service MO knowledge
  - ▷ pinch of salt required
- ▷ MRCS
  - ▷ Benchmarked exams
  - ▷ General Surgery focused



## SKILLS

- ▷ Basic surgical skills
- ▷ Hand-ties, instrument handling

- ▷ Herniotomy, Excision biopsy, Circumcision, Central venous access
- ▷ What can you do independently and safely?

# 20件套+三层硅胶

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| ③.剪刀 14或16cm 弯 1把  | ⑦.针 带搭针10枚 1包            |
| ④.止血钳 14或16cm 直 1把 | ⑧.肠线 线束0 2-0 3-0 4-0 选4包 |
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| ⑥.刀柄 3号 1把         | ⑩.缝合巾 40*50cm 切口10cm 1张  |
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| ⑧.刀柄 4号 1把         | ⑫.工具箱 蓝色 1个              |
| ⑨.刀片 23号10片装 1件    |                          |

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Box - training module



# Attitude

- CHARACTER
- The most difficult thing to teach



# Common application problems

- ▷ Poor CV
  - ▷ Lack of publications, posters, presentations
  - ▷ Lack of improvement over multiple applications
- ▷ Failed attempts at exams / never attempted exams
- ▷ Cannot follow submission instructions
- ▷ Disorganised applications
- ▷ Lack of mental preparation & research



# Common trainee obstacles

- ▷ Disorganised thinking
- ▷ Poor clinical correlation
- ▷ Poor surgical skills
- ▷ Service MO mentality
- ▷ Poor leadership skills
- ▷ Lack of integrity
- ▷ Lack of commitment
- ▷ Underestimation of research effort required
- ▷ Overestimation of writing skills



# Time management





# Thanks!

**Any questions?**

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